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# What is SoleNumbers?





## **The Energy of Numbers**

The ancient Greeks mastered the field of mathematics. Although in our modern world, logic and mysticism are considered polar opposites, Aristotle was famous for specializing in both metaphysics and mathematics. Pythagoras believed that numbers were ‘cosmic structures of being’ and that numbers have an energetic relationship with each other. Empedocles believed that Gods think in mathematical terms and that humans who were mathematical geniuses were Godlike, actual Gods themselves.

Although there are approximately 6,500 languages spoken around the world, there is only one language of numbers, and nearly all cultures use the same primary numbers 0 to 9. Galileo said that “Mathematics is a language God has written the universe in”. There is a constancy to numbers and their meanings, and something unalterable and indisputable that can be relied on.

Carl Jung considered numbers to have psychological meanings. He defined numbers as archetypes or personalities that have moved from the unconscious (metaphysical state) to the conscious (physical world). He believed that numbers symbolized the structure of individual personality and the creation of order in the physical world. He saw numbers as having cognitive abilities and intelligence as well as metaphysical properties.

## **Numbers and their Impact on your life**

Your birthday is the day that you started your life. What makes this day even more precious, is that there is a number energy from the day you were born, and this is carried forward into your life. This number energy gives you clues to what is possible, what is inherent.

Your birthdate determines the numbers that impact your life. The numbers of your birth day-month-year are combined in formulas to reveal understanding to your life. You have a set of tailor-made numbers that create an order for you, that bring things together to organize them so that they can be uncovered, understood, and then used in an effective way.

## The Tao of SoleNumbers

The energy of numbers gives structure and language to your own unique life experience and personal growth opportunities. The energy of numbers gives order and direction for your life journey, what you are meant to be doing with your life, how you will do it and the impact you will have on others.

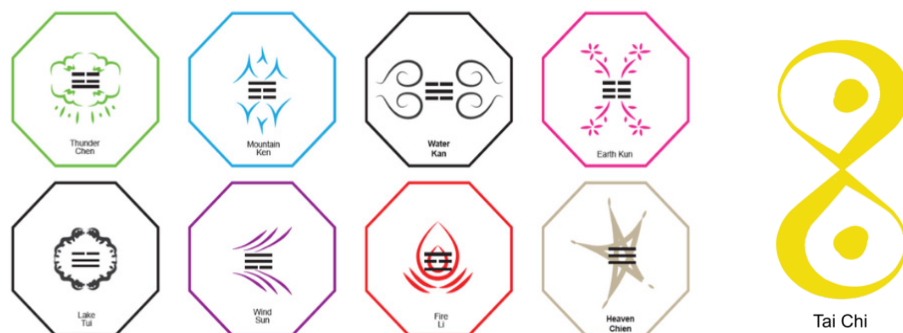
These understandings of number energy are called SoleNumbers, and are at the leading edge of new insights into the meanings and understandings of numbers.

SoleNumbers has its foundation in the Tao. Each primary number, 1 to 9, relates to one of the natural Tao energies. The Tao brings awareness of original energy that is omnipotent and has been on our planet since the dawn of time. The Tao loosely translated means your path or life's journey and through awareness, you can align your life and benefit from this natural Tao energy, bringing peace and happiness.

Each natural Tao energy has a light and dark manifestation, and these have nothing to do with the traditional determination of good and evil. Through the light expanding energy, you can identify the direction for the purpose of your life. And through the dark collapsed energy you can learn how to navigate the sticky patches and personal growth opportunities. (More on the Tao can be found in 'Introduction to the Tao', included as an appendix.)

All of us walk the path between light expansion and dark collapse. Choosing your light, away from your dark, is how you grow and evolve. The goal is not to wish the dark away but rather to redirect toward your light. The Tao shows that every personality characteristic, every subconscious reaction, and every behaviour has a light and dark manifestation, an up and down, a left and right. And this is what makes you so very complicated yet so very interesting.

The natural Tao energies are called **Fire and Water, Heaven and Earth, Thunder and Lake**, and **Mountain and Wind**, and these combine together to form the yin/yang or **Tai Chi**. Your SoleNumber will have a particular relationship to one of these natural Tao energies which will be explored.



## SolePath and SoleNumbers

SolePath is your Energetic Personality Profile. SoleNumbers is your Energetic Guide to Purpose.

Your SoleNumbers are a dynamic force, operating energetically behind the scenes of your life. Each of the primary numbers, 1 to 9, has an individual personality that has both a logical and mystical impact. Your own, unique SoleNumbers are consistent for your entire lifetime.

Number	Trigram	Category
1	Fire	Charismatic
2	Earth	SolePath (all categories)
3	Lake	Intuitive
4	Thunder	Inspirational
5	Heaven	Seth (Divine Inspiration)
6	Water	Compassionate
7	Mountain	Spiritual
8	Wind	Intellectual
9	Tai Chi	SolePlan (all of life)

SoleNumbers has 11 formulas that emerge from your birthdate. There are 3 primary SoleNumbers—*Governing SoleNumber*, *Purpose SoleNumber* and *Next Best Step SoleNumber*—which impact your life. In this book, you will calculate and understand your 3 primary SoleNumbers.

The remaining 8 SoleNumbers have more of a support role and are divided up into groups that pertain to the *Fundamental You*, the *Celebrated You* and the *Talented You*. These remaining numbers may be requested online and are calculated using the website algorithm. ([www.solepath.org](http://www.solepath.org))

# SoleNumbers Analysis

## **PRIMARY SOLENUMBERS**

**This group of SoleNumbers includes your Governing, your Purpose, and your Next Best Step SoleNumbers.**

### **Governing SoleNumber**

There is one overarching number energy that impacts your life, and this is called your Governing SoleNumber.

Your Governing SoleNumber is all about your soul intention for your life experience and your life journey. It gives language to inherent personality characteristics that are a natural way of being for you and bring happiness and meaning to your life. It highlights actions for you to embrace and include in your life.

Your Governing SoleNumber guides and gives you clear direction, and it also highlights personality characteristics to resist and activities to stay away from.

Your SolePath is your Energetic Personality Profile and is who you are born to be. It is a braid of two LightPaths and one DarkPath. Your SoleNumbers are the Energetic Guide to Purpose in your life and your Governing SoleNumber is the fourth strand in your unique, individual personality braid.

### **Purpose SoleNumber**

Your Purpose SoleNumber provides structure and language as to the person you are to be and the action you can take, as you move towards your life's purpose. Your Purpose SoleNumber guides your life decisions and influences your behaviour around what you are here on Earth to 'do'.

It is about living a fulfilled life, and a life that makes a difference.

### **Next Best Step SoleNumber**

Your Next Best Step (NBS) SoleNumber changes with each new year (it is the only number that changes over the course of your life) and is the most active number in your life for that calendar year. It gives structure to your journey and guides you to purpose and a beautiful life.

It shapes your New Year's resolutions, goals, and intentions for the upcoming year, and creates meaning in your life.

## **FUNDAMENTAL YOU SOLENUMBERS**

**This group of SoleNumbers includes your Awareness, your Lesson, and your Foundation SoleNumbers.**

### **Awareness SoleNumber**

Your Awareness SoleNumber is your conscious awareness of who you are and helps define your sense of self from an early age. Your Awareness number provides insights into what makes you most happy and most miserable in life; recognition of your victories and being alert to your struggles.

Your Awareness SoleNumber gives comprehension and discernment for your life's journey.

### **Lesson SoleNumber**

Your Lesson SoleNumber is all about who you become when you are faced with challenges in your life. It is about how your external struggles impact your character and behaviour.

Life is sometimes difficult, and it throws challenges your way. Your Lesson SoleNumber gives direction as to what to steer clear of as you face and overcome hardships.

### **Foundation SoleNumber**

Your Foundation SoleNumber is your support—an internal and sub-conscious 'something' that you can always rely on. It is a base that is always there, and knowing your Foundation SoleNumber gives you the language that brings it into your conscious awareness.

Your Foundation SoleNumber uncovers the structure of your internal support as you face life.

## **CELEBRATED YOU**

**This group of SoleNumbers includes your Projection and your Core SoleNumbers.**

### **Projection SoleNumber**

Your Projection SoleNumber is how others see you, how they respond to you, and what kind of relationships and experiences you might attract to yourself. It is the impression that you leave in the world.

Your Projection SoleNumber gives language to what others see as the best of you, and also awareness of the impression you give when you are not being your brightest self.

### **Core SoleNumber**

Your Core SoleNumber is directly connected to your Projection SoleNumber. The goal is to connect these two numbers so that what you outwardly project, is aligned with and matches the inner you.

Your Core SoleNumber gives your life structure.

## **TALENTED YOU**

**This group of SoleNumbers includes your Gift, your Past and your Asset SoleNumbers.**

### **Gift SoleNumber**

Your Gift SoleNumber is a gift that you are consciously aware of and familiar with. This gift helps you live with purpose and is a clue to the expression of your life.

By integrating more of the energy of your Gift SoleNumber into your life, you walk your path to purpose.

### **Past SoleNumber**

Your Past SoleNumber is a sub-conscious gift, an innate knowing that comes from your soul's past life experience. It is something that you can rely on and is an automatic response to life and to people.

Your Past SoleNumber is understanding and knowledge that you are familiar with through previous incarnations.

### **Asset SoleNumber**

Your Asset SoleNumber helps release the blocks in your life. It is a hidden gift that helps with habits and patterns that are keeping you stuck.

Your Asset SoleNumber is part of your family heritage and ancestry, gifts that have been shared and brought down by your forefathers.