

Epilogue ~ When the Rain Comes

by Rev. Janice Brown, SolePath Master Mentor

Within the Tao, both the light and dark exist together, and enhance each life experience by providing opportunities for choice. This gives us an understanding, as we learn about our DarkPath, that even though I'm this, I'm not that. On the DarkPath continuum, the opportunity for choosing either expansion or collapse exists.

Rain comes, because it must, not because it decided I would like to rain in only this spot today. It comes because a certain climate or measure of influence has been created. Once it's in the downward swing rain doesn't say, *'Oh, I'll go move and sprinkle a little water over here.'* It releases what it has and then moves on. Maybe to a brighter day, maybe it watered a flower or nurtured a spirit or drowned out an old way of being.

You just won't know what this rain means in your life until you can look around at all the ways it has been expressed and experienced. Rain is a new way of understanding your DarkPath. Sometimes, it's just going to come because every little thing has been created in a certain order and purpose. Your LightPath is going to help you decide if you're going for a little walk in the rain but there are rainbows on the horizon, or if you need a little raincoat or perhaps a sailboat or even a shelter.

What you need more than any other thing in that moment of despair, is to know that it's equally in you to have a difficult day as it is to have the time of your life.

So, choose. Choose a little brighter, a little calmer, a little more powerfully. Whatever it is, choose it with all your might and then let it go and get back to the business of living your life on purpose. That's all you can do really, move forward and do it with pride and purpose and hope in your heart. You're going to find you feel a whole lot better from now on simply by being who you are in worth instead of who you think you are in distortion.

Each and every time you respond to an aspect of your life experience, you are responding through your SolePath. Your DarkPath provides opportunities for growth in your life, and you're going to find your hopes and dreams firmly planted in your LightPath expression.

This deeper understanding and awareness of the self is essential for the simple reason that you are the one who is choosing what you will think, and how you will feel and behave. You can make deep and profound, powerful, and integrated choices in your life. Everything you need to choose towards is within you. How you complete the cycle of worth begins and ends with this new and deeper understanding of self and of the magic of your DarkPath.